

● ITEM CONTAINS ALLERGEN

! POSSIBLE CROSS-CONTACT OCCURS WITH THIS ALLERGEN

# POSTINO ALLERGEN GUIDE



Dairy



Egg



Shellfish



Fish



Gluten



Soy



Treenut



Peanut

## SNACKY THINGS

|                         | Dairy | Egg | Shellfish | Fish | Gluten | Soy | Treenut | Peanut |
|-------------------------|-------|-----|-----------|------|--------|-----|---------|--------|
| Crispy Cauliflower      |       |     |           |      | !      |     | ●       |        |
| Olives                  |       |     |           |      |        |     |         |        |
| Meatballs & Goat Cheese | ●     | ●   |           |      | ●      |     |         |        |
| OMG Grilled Cheese      | ●     |     |           |      | ●      |     |         |        |
| Skewers                 | ●     |     |           |      |        | ●   |         |        |
| Mozzarella & Tomatoes   | ●     |     |           |      | ●      |     |         |        |
| Sweet Potato Wedges     |       |     |           |      | !      |     |         |        |
| Smoked Salmon           | ●     |     |           | ●    |        |     |         |        |
| Maitake Mushroom        | ●     |     |           |      | !      |     |         |        |
| Shrimp Scampi           | ●     |     | ●         |      | ●      |     |         |        |

## THE BOARDS Can be substituted on Gluten Free Bread

|                    | Dairy | Egg | Shellfish | Fish | Gluten | Soy | Treenut | Peanut |
|--------------------|-------|-----|-----------|------|--------|-----|---------|--------|
| The Bounty         | ●     |     |           |      |        | ●   | ●       |        |
| Table Cheese       | ●     |     |           |      | ●      |     | ●       |        |
| Chef's Charcuterie | ●     |     |           |      | ●      |     | ●       |        |
| Nick's Board       | ●     | ●   |           |      | ●      | ●   | ●       | !      |

## BRUSCHETTA Can be substituted on Gluten Free Bread

|   | Dairy | Egg | Shellfish | Fish | Gluten | Soy | Treenut | Peanut |
|---|-------|-----|-----------|------|--------|-----|---------|--------|
| Brie, Apple & Fig Spread                | ●     |     |           |      | ●      |     |         |        |
| Fresh Mozzarella, Tomato & Basil        | ●     |     |           |      | ●      |     |         |        |
| Prosciutto Di Parma, Fig & Mascarpone   | ●     |     |           |      | ●      |     |         |        |
| Warm Artichoke Spread                   | ●     | ●   |           |      | ●      |     |         |        |
| Smoked Salmon & Pesto                   | ●     |     |           | ●    | ●      |     | ●       | !      |
| Sweet N' Spicy Pepper Jam & Goat Cheese | ●     |     |           |      | ●      |     |         |        |
| Burrata, Bacon, Arugula & Tomato        | ●     |     |           |      | ●      |     |         |        |
| Ricotta, Dates & Pistachio              | ●     |     |           |      | ●      |     | ●       | !      |
| Almond Hummus & Chopped Tomato          |       |     |           |      | ●      |     | ●       | !      |
| Piquillo Peppers & Goat Cheese          | ●     |     |           |      | ●      |     |         |        |
| Salami & Pesto                          | ●     |     |           |      | ●      |     | ●       | !      |

Seasonal Bruschetta\*\*\* \*\*\*Please check with your Server for Seasonal Bruschetta allergy information.

## SOUP & SALAD

|                            | Dairy | Egg | Shellfish | Fish | Gluten | Soy | Treenut | Peanut |
|----------------------------|-------|-----|-----------|------|--------|-----|---------|--------|
| Soup of the Moment***      |       |     |           |      |        |     |         |        |
| Mixed Greens               | ●     | ●   |           |      | !      | ●   | ●       | !      |
| Hannah's Field             | ●     |     |           |      | ●      |     | ●       | !      |
| Raspberry Chicken          | ●     | ●   |           |      | ●      | ●   | ●       | !      |
| Brussels Sprouts Salad     | ●     |     |           |      |        |     | ●       | !      |
| Caesar Salad               | ●     | ●   |           | ●    | ●      |     |         |        |
| Romaine Salad (Side Salad) | ●     |     |           |      |        |     |         | !      |

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Peanut

## PANINI Can be substituted on Gluten Free Bread

|                      | Dairy | Egg | Shellfish | Fish | Gluten | Soy | Treenut | Peanut |
|----------------------|-------|-----|-----------|------|--------|-----|---------|--------|
| Tuscan Tuna          | ●     | ●   |           | ●    | ●      | ●   |         |        |
| Nine Iron            | ●     | ●   |           |      | ●      | ●   |         |        |
| Vegetarian           | ●     |     |           |      | ●      | ●   | ●       | !      |
| Chicken & Mozzarella | ●     | ●   |           |      | ●      | ●   |         |        |
| Roasted Turkey       | ●     |     |           |      | ●      |     | ●       | !      |
| Prosciutto with Brie | ●     |     |           |      | ●      |     |         |        |
| Side of Chips        |       |     |           |      | !      |     |         |        |

## DESSERT

|                       | Dairy | Egg | Shellfish | Fish | Gluten | Soy | Treenut | Peanut |
|-----------------------|-------|-----|-----------|------|--------|-----|---------|--------|
| Salted Caramel Sundae | ●     | ●   |           |      | ●      |     |         |        |
| Chocolate Bouchon     | ●     | ●   |           |      | ●      |     |         |        |
| Creme Brulee          | ●     | ●   |           |      |        |     |         |        |

## BRUNCH

|                            | Dairy | Egg | Shellfish | Fish | Gluten | Soy | Treenut | Peanut |
|----------------------------|-------|-----|-----------|------|--------|-----|---------|--------|
| Umbria Egg Toast           | ●     | ●   |           |      | ●      |     |         |        |
| Ricotta Fritters           | ●     | ●   |           |      | ●      |     |         |        |
| Croque Monsieur            | ●     | ●   |           |      | ●      | ●   |         |        |
| Croque Madame              | ●     | ●   |           |      | ●      | ●   |         |        |
| Seeded Avocado Toast       |       | ●   |           |      | ●      |     |         |        |
| Panettone French Toast     | ●     | ●   |           |      | ●      |     |         |        |
| Cantaloupe & Stracciatella | ●     |     |           |      |        |     |         |        |
| Cast Iron Sticky Bread     | ●     |     |           |      | ●      |     | ●       | !      |
| Alba Toast                 | ●     | ●   |           |      | ●      |     |         |        |
| Taylor Granola             | ●     |     |           |      |        |     | ●       |        |
| Focaccia Stack             | ●     | ●   |           |      | ●      |     | ●       |        |
| P.R.E.A.M. Bowl            | ●     | ●   |           |      | ●      |     | ●       |        |
| Classic Remix              | ●     | ●   |           |      | !      |     |         |        |
| Meatball Shakshouka        | ●     | ●   |           |      | ●      |     |         |        |
| Smoked Salmon Carpaccio    | ●     | ●   |           | ●    | ●      |     |         |        |
| Crispy Fingerlings         |       |     |           |      | !      |     |         |        |
| Bacon                      |       |     |           |      |        |     |         |        |
| Seasonal Fruit             |       |     |           |      |        |     |         |        |
| Avocado & Hemp Seed        |       |     |           |      |        |     |         |        |

## KID'S MENU Can be substituted on Gluten Free Bread

|                    | Dairy | Egg | Shellfish | Fish | Gluten | Soy | Treenut | Peanut |
|--------------------|-------|-----|-----------|------|--------|-----|---------|--------|
| The Grilled Cheesy | ●     |     |           |      | ●      |     |         |        |
| The Picnic         | ●     |     |           |      |        |     |         |        |
| Yummy PBJ          |       |     |           |      | ●      |     | !       | ●      |